

### Business Class

Try Amtrak Cascades® Business Class and enjoy priority boarding, complimentary newspaper and snack, deluxe seating, laptop power outlets, and unparalleled Pacific Northwest and British Columbia scenery. Upgrade to Business Class seating for a few dollars more than a standard coach ticket.

### Baggage

Amtrak Cascades trains offer ample overhead baggage space and baggage racks in every car. There is a limit of two carry-on bags per passenger, not including personal items such as a purse or a laptop. Many stations—but not all—offer checked baggage service. All carry-on and checked baggage must be visibly tagged with your name and address, and not weigh more than 50 lbs.

### Bring your bicycle

On your next train trip, make a reservation for both you and your bike aboard Amtrak Cascades. You can choose to box your bicycle or use one of our onboard bike racks.

Important information when bringing a bike on board:

- Reservations are required for bike racks and will cost an additional \$5 each way.
- Boxed bicycles do not require a reservation and can be checked as baggage. There is a nominal handling fee for checking a boxed bike.
- Don't have a bicycle box? Bicycle boxes are available for purchase at staffed Amtrak stations with checked baggage service.
- Recumbent or tandem bikes must be boxed.
- Bring your own tools to prepare your bike for shipping.
- Check in with Amtrak staff at least one hour prior to departure.

### Parking & Ground Transportation

Parking and ground transportation are available near each station. At some stations, parking is limited or requires a fee. Visit AmtrakCascades.com to see what parking and ground transportation options are available at the station for your departure or arrival.

### Proper Identification

Carry your tickets, identification, and passport (recommended) while you are traveling. Customs and immigration requirements and procedures to cross international borders are different than for automobile travel.

### At the Station

- Arrive early — it's a good idea to arrive 30 minutes before your train is due to depart especially if checking baggage.
- Check in at the counter to arrange for pre-boarding if you need assistance.
- Watch your step on station stairs, escalators, and train platforms.
- Take care when boarding and de-training, and use handholds.

### On the Train

- Please consider the comfort of others, particularly when your coach is crowded.
- Do not leave children unattended.
- Use seat backs and handrails while walking through the train.
- Baggage is not allowed in the Bistro and Lounge cars.
- Wear shoes at all times and use caution when wearing non-rubber soled shoes.
- Use earphones or headphones when listening to audio/video devices.
- When using your cell phone, please be considerate of other passengers around you. For longer calls, please use the vestibules between cars.

### Reservations and Tickets

Reservations and tickets can be made online at Amtrak.com or by phone at 1-800-USA-RAIL. Purchase your tickets well in advance to get the best prices, especially during busy summer and holiday periods. You can also make a reservation, purchase, and pick up tickets at any Amtrak Quik-Trak ticket machine. Quik-Trak machines are available at Albany, Bellingham, Edmonds,

Eugene, Everett, Kelso/Longview, Mt. Vernon, Olympia/Lacey, Portland, Salem, Seattle, Tacoma, and Vancouver, WA.

### Multi-Ride Tickets

Multi-ride tickets reward frequent travelers and encourage travel on trains where seats are usually available. Types of multi-ride tickets include "Ten Trips in 45 days" or an "Unlimited Monthly Pass." Call 1-800-USA-RAIL or ask Amtrak ticket agents at staffed stations for detailed information.

### Earn Amtrak Guest Rewards Points

Amtrak Guest Rewards members can earn points with Amtrak Cascades tickets. Points can be redeemed for free Amtrak travel, hotel and car rental awards, and retail certificates from a wide variety of participating companies. Visit AmtrakGuestRewards.com for more information.



### Questions?

**1-800-USA-RAIL**  
**AmtrakCascades.com**

Amtrak, Amtrak Cascades, and Amtrak Guest Rewards are registered service marks of the National Railroad Passenger Corporation.

## Route Guide



**AmtrakCascades.com**

**1-800-USA-RAIL**



### RELAX

Sit back, spread out, and enjoy the trip. Watch Mount Rainier drift by out one window, then follow Puget Sound's meandering route out the other. Read a book. Talk. Nap. It's your living room—with a view.

### REFRESH

Satisfy your palate and your thirst on board. The Bistro Car awaits with a variety of fresh, local foods including soups, sandwiches, sweets and snacks—and an array of alcoholic and non-alcoholic beverages. Or, if you prefer, find a table in the Lounge Car and make yourself at home.



### RECREATE

If you're looking for a little entertainment with your relaxation, you're in luck. Movies are available right at your seat and change monthly (bring your own headphones and enjoy them for free, or purchase headphones on the train). If you need a little juice for your music, game, or other electronic devices, power outlets are right by your seat.

### RECONNECT

With your eyes off the road and on your family and friends, the lost art of conversation can be found. One topic leads to the next as trees and mountains fly by, until you find yourself—almost regretfully—arriving at your destination.



**1-800-USA-RAIL**

**AmtrakCascades.com**

Amtrak Cascades service is sponsored by Amtrak and the states of Washington and Oregon.

# British Columbia



## ★ Vancouver, British Columbia

Pacific Central Station  
1150 Station Street  
Vancouver, B.C.  
Canada V6A 4C7

Vancouver's Pacific Central Station is the northernmost stop on the Amtrak Cascades route, and opened in 1919. Vancouver formally became a city with a population of 2,000 people in 1886. Today over 1.6 million people call Vancouver home, making it Canada's third largest city.

**New Westminster**, Western Canada's oldest city, is also known as the "Royal City" and was named by Queen Victoria in 1859.

The Fraser River was named after fur trader Simon Fraser and connects Vancouver to New Westminster. Direct rail travel from Vancouver to Seattle began in 1904 when the bridge was built.

As you cross over the river, look southwest to see the SkyTrain Bridge, which connects destinations throughout the Vancouver area.



At **Crescent Beach**, you will pass over the Nicomeki River. This river was used for generations by the Coast Salish Tribe as a navigable waterway.

Named after a 490-ton white rock first spotted by Spanish explorers, **White Rock** is a small farming, dairy, and fishing community.

## United States and Canadian Border

The Peace Arch and Peace Arch Park commemorate 100 years of peace between the United States and Canada.



# Washington

**Blaine** was founded in 1884 and named for presidential candidate James G. Blaine. Southbound passengers should note that the train stops for U.S. Customs inspections at the border. Immigration and Canadian Customs' inspections are conducted at Pacific Central Station in Vancouver, B.C. For details on crossing the border, please ask Amtrak staff.

About 13 miles south of Blaine, you'll pass through the town of **Ferndale**. Mount Baker, Washington's third tallest mountain peak at 10,075 feet, is visible to the east.

## ★ Bellingham

Fairhaven Station  
401 Harris Street  
Bellingham, WA 98225

As the train heads toward Fairhaven Station, you'll see beautiful views overlooking Bellingham Bay. This city is home to over 60,000 people and Western Washington University. Discovered by Captain George Vancouver in 1792, Bellingham is the home port for the Alaska Marine Highway System, which ferries passengers to Alaska by way of the Inside Passage.

Just south of Fairhaven Station, you'll discover a gorgeous view of Chuckanut Bay and the Olympic Mountain Range to the west. Lummi Island and the San Juan Islands are also visible as you traverse the edge of Samish Bay.

Farther south, the Skagit River separates the towns of Mount Vernon and Burlington.



## ★ Mount Vernon/ Burlington

Skagit Transportation Center  
105 East Kincaid  
Mount Vernon, WA 98273

Mount Vernon is home to the famous Skagit Valley Tulip Festival, held during the month of April. The Skagit Valley is the nation's largest commercial producer of tulips, iris, and daffodils.

Just north of Everett, you'll cross the Snohomish River and pass through the small, thriving community of **Marysville**.



## ★ Everett

Everett Station  
3201 Smith Avenue  
Everett, WA 98201

Everett is known for its fishing fleet, lumber industry, and airplane manufacturing. Boeing's assembly plants are located here and the city is home to Naval Station Everett. Watch for test planes and fighter jets overhead.

For 15 miles south of Everett, Amtrak Cascades skirts the east shore of Puget Sound. Washington State Ferries connect Whidbey and Bainbridge Islands to the mainland.



**Mukilteo** is an Indian word meaning "good camping ground." The nearby lighthouse was opened in 1905 and is open to visitors. Look for it to the west.



## ★ Edmonds

Edmonds Station  
211 Railroad Avenue  
Edmonds, WA 98020

In Edmonds the train stops near the ferry docks, with convenient service to Kingston on the Kitsap Peninsula. Immediately north of the dock is a popular underwater park for scuba diving.

As you travel between Edmonds and Seattle along the shores of Puget Sound, look west to the horizon for a glimpse of the Olympic Mountain Range.

## ★ Seattle

King Street Station  
303 S. Jackson Street  
Seattle, WA 98104

The Seattle metropolitan area is the 21st most populous region in the United States and home to the University of Washington and famous Pike Place Market. The greater Seattle area is home to world-class businesses including Microsoft, Starbucks, Nordstrom and Amazon.com.

As you travel to Seattle from the north, you'll cross Salmon Bay. Look to the east to see the Hiram Chittenden Locks. The locks allow pleasure boats and large ships to pass between the high freshwater of Lake Union and the lower saltwater of Puget Sound.

Once you travel through the Interbay rail yard, look south and east to see the Space Needle, built for the 1962 World's Fair.

You'll next travel along the Seattle waterfront. Look west for Pier 69 to see the ships that depart daily for Victoria, B.C. You'll then enter a mile-long tunnel built in 1904 that snakes under Seattle's hilly downtown to King Street Station.

Over half a million passengers pass through Seattle's King Street Station each year. The station is undergoing a phased renovation and restoration to its original beauty.

Just south of Seattle's King Street Station are Qwest Field and Safeco Field. The train passes under the giant supports for Safeco Field's retractable roof.

Further south is Boeing Field, the original home of the Boeing Aircraft Company. This historic airport is still used for private aircraft, deliveries, and test flights. The original Boeing plant is now part of the Museum of Flight.



## ★ Tukwila

Tukwila Station  
7301 S. 158th Street  
Tukwila, WA 98188

The Tukwila station serves suburbs to the east and south of Seattle and is the closest stop to Seattle-Tacoma International Airport, located five miles to the west.

South of Tukwila, the train crosses the Puyallup Indian Reservation along the Puyallup River.



## ★ Tacoma

Tacoma Station  
1001 Puyallup Avenue  
Tacoma, WA 98421

Tacoma, the "City of Destiny," is a major seaport city. The large, round, blue and gray building to the south is the Tacoma Dome, which hosts conventions, concerts, and sports events. It is one of the largest wood framed structures in existence and offers wonderful acoustics.

Tacoma's Washington State History Museum hosts the state's largest (1,800 square feet) permanent model train layout depicting rail lines from Tacoma's Point Defiance Park to the Stampede Pass tunnel in the Cascade Mountain Range.

Through Tacoma, the train follows Commencement Bay in Puget Sound. After passing through the Nelson-Bennett tunnels, the train emerges in "The Narrows." The tall, elegant Tacoma Narrows Bridge spans this waterway.

West of **Steilacoom** is a Pierce County ferry terminal.

North of Olympia, Amtrak Cascades crosses the Nisqually River on a high-curved trestle. To the west is the Nisqually River Wildlife Refuge.



## ★ Olympia/Lacey

Centennial Station  
6600 Yelm Highway SE  
Olympia, WA 98513

Olympia is the capital of Washington State. The quaint Centennial Station, staffed entirely by volunteers, serves the communities of Olympia, Lacey and Tumwater. As you leave the station, look to the east for a great view of Mount Rainier, Washington's tallest mountain at 14,410 feet.

Several miles south of Olympia are the mysterious Mima Mounds. Acres and acres of these mounds are visible immediately to the west. There are almost as many theories of what caused them as there are mounds. The most current belief is that they were formed by glacial ice thaws 10,000 years ago.

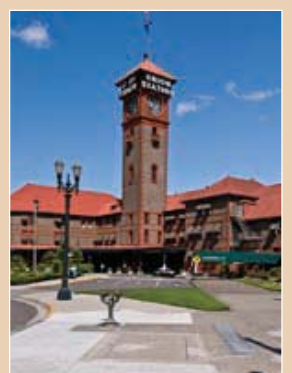


## ★ Centralia

Union Depot  
210 Railroad Avenue  
Centralia, WA 98531

George Washington, an African-American pioneer, founded Centralia in 1852. As the train passes through the outskirts of Centralia, look east to see Mount St. Helens, the volcano that erupted May 18, 1980, and sent ash around the globe. Mount St. Helens lost 1,312 feet when she blew her top and is still an active volcano. Mount Rainier is also visible as we climb up the hill at **Napavine**, the steepest grade between Seattle and Portland.

# Oregon



## ★ Portland

Union Station  
800 NW 6th Avenue  
Portland, OR 97209

The beautiful "City of Roses," Portland is Oregon's largest metropolitan area and is known for its parks, fountains, gardens, jazz festivals, and the

Portland Rose Festival. The train crosses over the Willamette River via the Steel Bridge.

South of Portland begins the 124-mile-long Willamette Valley. Looking northeast you'll see Mount St. Helens, to the west lies the Coast Range Mountains, and the Cascade Mountain Range and Mount Hood are to the east.

After crossing the Pudding River we enter **Aurora**, the first commune in the U.S., settled by Germans in 1856.

**Woodburn**, home to Oregon's largest outlet mall, is called the "City of Unity" because of its large, diverse population.

## ★ Oregon City

Oregon City Depot  
1757 Washington Street  
Oregon City, OR 97045

Oregon City was the first incorporated city west of the Mississippi. Established in 1829 as a lumber mill, it was later designated as Oregon's territorial capital. Its many museums and historical buildings provide a glimpse into pioneer life in Oregon Territory.



Oregon's Willamette Valley wine industry began in the late 1960s and in a short time has grown to more than 275 wineries in this

American Viticultural Area. In the Willamette Valley you'll find that winemakers are stewards of the land; quality reigns, sustainability is a lifestyle, and artisan producers believe that careful attention to detail and delicate nurturing produce incredible wines. Pinot noir is the predominant variety in the Willamette Valley, but other popular varieties include Pinot gris, Chardonnay and Riesling.



## ★ Salem

Salem Station  
500 13th Street SE  
Salem, OR 97301

Salem is the state capital of Oregon. Willamette University can be seen to the west. Founded in 1842 by Jason Lee, it is the oldest university in the West.

Between the towns of Turner and Marion, look to the west to see a llama farm. Llamas are bred for their wool and are popular for use in backpacking expeditions in the nearby mountain wilderness.

## ★ Albany

Albany Station  
110 W. 10th SW  
Albany, OR 97321

The city of Albany was founded in 1848 and is credited by historians and architects with having the most varied collection of historic buildings in Oregon. Nearby **Corvallis** is home to Oregon State University.

As you travel through **Tangent**, named for the 20 miles of straight track that runs through here, note the dome-like buttes to the west. They were formed by volcanic eruptions thousands of years ago. Marine fossils have been found on the tops of the buttes along with mammoth and mastodon bones.

Just before entering Eugene, you'll see to the east the snow-capped peaks of the Three Sisters Mountains, sometimes fondly referred to as Faith, Hope, and Charity.



## ★ Eugene/Springfield

Eugene Depot  
433 Willamette Street  
Eugene, OR 97401

Eugene is known as the "Lumber Capital of the United States" and home to the University of Oregon. Eugene is the southern-most city on the Amtrak Cascades route.

If you're detraining here, we thank you for riding Amtrak Cascades and hope you enjoyed your trip. If you're just beginning your journey, welcome aboard!

★ Indicates station stop

# Tourism Information

**Albany**  
800-526-2256  
www.albanyvisitors.com

**Bellingham**  
800-487-2032  
www.bellingham.org

**Centralia**  
800-525-3323  
www.tourlewiscounty.com

**Edmonds**  
425-670-1496  
www.edmondswa.com

**Eugene/Springfield**  
800-547-5445  
www.cvalco.org

**Everett**  
425-257-3222  
www.everettchamber.com

**Kelso/Longview**  
360-423-8400  
www.kelsolongviewchamber.org

**Mount Vernon/Burlington**  
360-428-8547  
www.mountvernonchamber.com

**Olympia/Lacey**  
877-704-7500  
www.visitolympia.com  
360-491-4141  
www.laceychamber.com

**Oregon City**  
503-656-1619  
www.oregoncity.org

**Portland**  
877-678-5263  
www.travelportland.com

**Salem**  
800-874-7012  
www.travelsalem.com

**Seattle**  
206-461-5840  
www.seeseattle.org

**Tacoma**  
800-272-2662  
www.traveltacoma.com

**Tukwila**  
877-885-9452  
www.thinktukwila.com

**Vancouver**  
360-694-2588  
www.vancouverusa.com

**Vancouver, B.C.**  
604-683-2000  
www.tourismvancouver.com